

VISIT ▶  
**LUND**

**CUTE CITY,  
SMART PEOPLE**

PHOTO: Laila Johansson, Väst Foto

SÖDRA ESPLANADEN

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**LUNDS  
KOMMUN**

**FREE GUIDE  
2019/2020**



# SOMMAR LUND

Sommarlund and Vinterlund are annual series of cultural events taking place in the whole City of Lund during the summer and winter months. There is something for everyone – young, old and in-between – and almost all of them are free of charge. Come and join us!

[SOMMARLUND.SE](http://SOMMARLUND.SE) • [VINTERLUND.SE](http://VINTERLUND.SE) • [@ARRANGEMANG\\_LUND](https://www.instagram.com/ARRANGEMANG_LUND)



# VINTERLUND





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# WELCOME TO ONE OF THE WORLD'S CUTEST, SMARTEST CITIES

Experience 1,000 years of history in a vibrant city that's full of contrasts. Stroll through the cobblestoned streets and half-timbered houses and feel its traditions.

They say you can live here all your life without seeing all the unique spots and beautiful buildings. Let alone visit the surrounding areas full of scenic plains, enchanting beech trees and golden canola fields.

Lund is a fantastic blend of modern city that's full of innovations, combined with a thousand years of culture and history. Mix and match stimulating hiking days with urban chic in one of the many cafés, restaurants and museums.

**Come here, see it, do it. Love it.**



PHOTO: Christian Durr



PHOTO: Left: Johansson, Xava foto



PHOTO: Left: Johansson, Xava foto



PHOTO: Christian Durr



PHOTO: Karoline Sævi

### Where beauty meets charm

Like a good wine or Hollywood star, Lund has aged with beauty and charm. Wander round the traditionally built houses that line the streets with their colourful facades and crooked cobblestone streets, and feel that friendly, cosy atmosphere.

Lund is one of Sweden's oldest cities with its magnificent cathedral from the 12th century, world-famous university from the 1600s and lots more historical, cultural and innovative buildings and places.

### 40,000 students can't be wrong

Like the hustle and bustle of a young, vibrant city? Then come in term time. Lund's 40,000 Swedish and international students bring all the concerts, evening attractions, and downright fun you'd expect from an internationally acclaimed university campus. The university was founded in 1666 and today is famous for its science and social scene.

### A cultural capital

Several of Sweden's most well-loved actors, comedians and musicians come from Lund. And the students bring their own cultural traditions, such as the traditional singers on May Day and Walpurgis on April 30th.

### Come bike with me

Meander between history and the future, or jump on a bike like the people of Lund do. And help pedal enough to circle the globe five times every day. You can rent bikes and drop them off at various points around the city.

### Small town welcome, big city atmosphere

Lund is a small city with its convivial and picturesque atmosphere. It's just a short walk to lots of cafés, unique shops and fascinating museums. It's large and smart too, with an international university, world famous research institutions, and innovative global companies.

# THE HISTORY OF A MAGICAL PLACE

## 100 YEARS BC - TO 11TH CENTURY

Uppåkra – south of Lund, was Scandinavia's largest Iron Age settlement. It disappeared around the 11th century, and was rebuilt with the same structure in Lund, which is why the site is called "Lund before Lund". The Uppåkra Archaeological Centre welcomes visitors during spring and summer.

**1892** The Kulturen open-air museum opens bringing local and Swedish history to life. Both young people and old love to play around and discover the cultural, historical buildings and exhibitions based on different themes.

**1911** Lund's city park is completed. Today, the park is part of Lund's centre, where people take part in lots of activities, laze around with a book, or slurp on an ice cream at the café. Enjoy the park's beautiful plants or do the Pokémon walk.

**2016** The MAX IV research facility is inaugurated as the world's brightest synchrotron light facility on the year's brightest day. It's an extremely powerful X-ray that shows materials down to atomic level.

**2016** Pope Francis visits Lund and the cathedral. A historic meeting between Catholics and Lutherans on the 500th anniversary of the Reformation.

**2018** Carnival time. Attracting over 400,000 visitors, Lund Carnival is like the Olympics in showmanship and partying.

▶ **990** Lund was founded and takes on Uppåkra's role as the centre of power.

▶ **1103/1104** Lund becomes the seat of the archbishop.

▶ **1145** Lund Cathedral is inaugurated. The Cathedral becomes one of the area's most popular attractions, with its impressive exterior and beautiful and inviting interior.

◀ **1800s** Lund is booming. Its population is growing and the train runs between Lund and Malmö.

◀ **1666/1668** Lund University is founded and inaugurated. 350 years later, 40,000 students cycle through the city's streets, and Lund life is influenced by the academic world.

▶ **1953** Medical ultrasound is invented in Lund.

▶ **1983** Ideon Science park is inaugurated. It's an exciting place where some of the brightest minds meet to develop the future. Where Ericsson developed one of the first mobile phones.

◀ **1997** Sweden appoints its first female bishop in Lund.

◀ **1971-1996** Lund becomes a metropolis for music and youth culture. Mejeriet – an art centre organising concerts, film screenings, theatre, and more – is founded.

▶ **2020** The tramway between Lund Central Station and ESS (European Spallation Source) is a contribution to the public transport of the future, in one of the busiest commuter routes in Lund, also called The Science Road. The tram route will connect Lund's medieval city center and a completely new city in the North East, Brunnsög. The operation of the trams is planned to begin in Spring 2020.



My life in Lund

## WHAT THE LOCALS LOVE ABOUT THEIR CITY

Some of Lund's residents were born here. Others came as students and never wanted to leave. We asked people of different ages, interests and occupations who live in the city why they love it so much. And what their favourite "must visit" place is in or around the city.



### HALLEY RAINER

*A Master's student at Lund University who's lived in Lund for 2 years.*

Lund is the cosiest university town, full of fun people. It's a student's paradise. My number one recommendation is the Botanical Garden. It's open all year round and home to over 7,000 species of plants. It's so beautiful and a great place to spend time, whether you're studying, lounging, or just enjoying all the beautiful flowers.

***"Lund is the cosiest university town, full of fun people. It's a student's paradise."***

One thing you can't miss is the University Library. It looks like Hogwarts (setting in Harry Potter) and is one of the main symbols of the city and its university. It's beautiful year-round and makes me proud to go to Lund University every time I see it.

## HÅKAN PÅLSSON

*Born and raised in Lund and living here since 2003. Owns the Råbylund office space and conference facility just outside the centre.*

I love the focus on education and entrepreneurship, international diversity and different cultures that meet and create exciting meetings and opportunities.



Take a guided walk around Lund Cathedral, the Cathedral College, the University Building, the University Library and finish off at the AF castle. Enjoy a coffee or glass of wine at one of Lund's many watering holes and chat about Lund's exciting history and present while capturing the international atmosphere that characterizes the city.

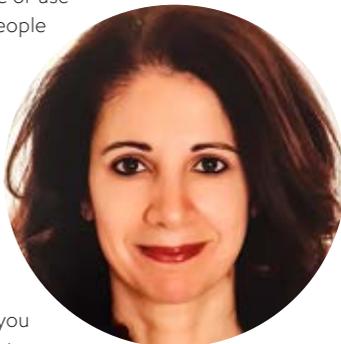
And while you're here, light a candle in Lund Cathedral and reflecting on life and lust.

## GHADA ANDERSON

*Moved to Lund 2 years ago after coming to the city every year for more than 20 years.*

Lund is such a small, charming historical and cultural city. What I like most about Lund is safety where children can bike or use public transport and people are not stressed.

There's so much to do here, like biking in the city, walking in Stadsparken and the forests around Dalby, visit Kulturen, Skissernas Museum and the Botanical Garden. In December you can experience the Santa Lucia concerts, enjoy the fantastic Christmas atmosphere while sipping hot Glögg on a cold, crisp winter day.



*“Lund is such a small, charming historical and cultural city.”*



## LOC VO

*Photographer and coffee lover. Used to live in Lund, planning to come back.*

What I love most about Lund is the people. This city has a special kind of hospitality that I haven't found anywhere else in Sweden. It's what we'd call Southern Hospitality in the States.

Besides the obvious tourist spots such as Lund Cathedral and Kulturen, I'd go for a picnic at the University Library in autumn and enjoy the beauty when leaves change colour. Who wouldn't want a picture in front of it?

And for the best coffee in Sweden visit Love Coffee Lund – which has a great social scene too. Speaking of bests, the best night life is Mejeriet, best sunset is

at Sankt Hans Backar, and there's great food served at Stäket, Dos Hermanos (awesome Mexican food), La Cucina (best pizza in town), MEAT,

TUGG, Restaurant Thuy (a great Vietnamese Restaurant), VED, Klostergatans Vin & Delikatess.

Grab a salad or a falafel or a coffee, sit by Lund Cathedral wall, close your eyes and let the sun refresh you. Take time to enjoy what nature gives us and be grateful for it.

*“Close your eyes and let the sun refresh you. Take time to enjoy what nature gives us and be grateful for it.”*

# MUST SEE PLACES IN LUND

So where to go first? When there's so much to see but so little time to see it, what should you NOT miss? Here are a few ideas:

## 1. BOTANICAL GARDENS

An oasis in the centre of Lund. The Botanical gardens are perfect if you're hot on horticulture, or just want a beautiful place to relax in. Visit the gardens, greenhouses, shop and café.

## 2. DROTTENS KYRKORUIN

Drottens kyrkoruin is just a few steps under modern Lund. It displays the remains of a medieval stone church found at archaeological excavations in Kattesund southwest of Stortorget during the 1970s and 1980s. The excavations also found traces of an older wooden church, believed to have been built by Danish King Svend Tveskæg around 990, making it Lund and Skåne's oldest church.

## 3. HISTORICAL MUSEUM

Browse around the permanent and temporary exhibitions, including the Zoological Gallery, Classical Antique Collection, Cathedral Museum and the Stone and Bronze age halls. There's lots happening for children, and a fun way for the kids to explore the museum is by joining the animal hunt.

## 4. HÖGEVALL WATER PARK

Why should kids have all the fun? Adventurous slides for the daring, jungle pools for the little ones and exercise courses for the energetic, all in one of Skåne's most modern water parks.

## 5. KULTUREN

One of the world's first and best open-air museums covers two blocks in the middle of Lund. Step in and experience life as it was – both for city dwellers and country life. The displays cover times from the Middle Ages up to the 1930s. Enjoy the exhibitions and shop in Hökeriet, the old grocery store.

## 6. LUND ART GALLERY

Come by and view one of the few regional and international exhibits by established and upcoming artists. Take a guided tour, join a lecture or try your hand at one of the creative workshops.

## 7. LUND CATHEDRAL

Almost 1,000 years old, and attracting over 70,000 visitors every year, the cathedral has many exciting stories and secrets inside and outside its walls. When you're inside, check out the crypt and the fantastic clock. Consecrated in 1145, this is one of the main tourist attractions in the Nordics. The cathedral is right in the middle of Lund, close to lots of restaurants and cafés.

## 8. MUSEUM OF ARTISTIC PROCESS AND PUBLIC ART

Come and look at the world's largest collection of sketches and models by international and Swedish artists. This is where modern and contemporary art meet. From Henri Matisse and Sonia Delaunay to the twenty-first century's Carolina Falkholt, you'll see the artist's creative process from first idea to final model or sketch.

## 9. MUSEUM OF LIFE

What happens in the body when we breathe? Is your skin an organ? How does ultrasound work? The museum tells the interactive story about the human body – the growing, healing, ageing, historic, fascinating body that's the temple for all of us.

## 10. VATTENHALLEN SCIENCE CENTRE

Meet science and research up close. Vattenhallen is filled with experiences and experiments, many based on innovations from Lund's Faculty of Engineering and its research world.



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Regi Pelle Öhlund  
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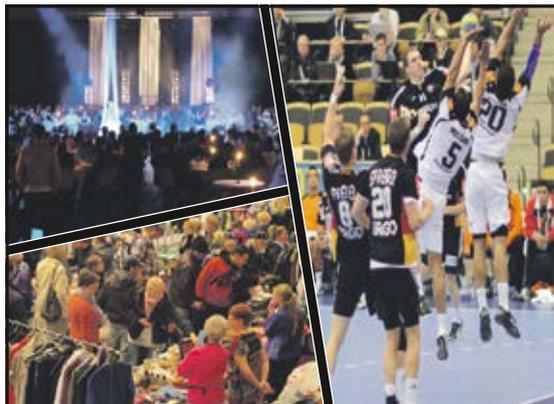
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Öppettider:  
Vardagarna: 9-18  
Lördagar: 11-14

Cykeluthyrning - olika typer av cyklar

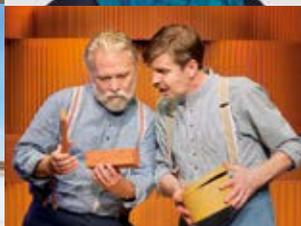


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lund



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**Lundskonsthall**



TOP 10

# MUST-SEE PLACES SURROUNDING LUND

While you're here, why not jump into the car or on a bike and visit a world of adventures that are just a stone's throw away from the city. Not sure where? Try these...

## 1. THE BATTLE OF LUND

Today, Lund is a part of Sweden. But it wasn't always. Not long after one of the bloodiest battles in Scandinavia was fought between Sweden and Denmark in 1676, southern Sweden including Lund became part of Sweden again. You can read all about the battle on local information boards.

## 2. DALBY CHURCH

Scandinavia's oldest preserved stone church with beautiful surroundings and a lovely view towards Lund city. Originally the seat of the Danish Archbishop, the church lost out to Lund Cathedral.

## 3. DALBY SÖDERSKOG

Sweden's smallest national park is just a few kilometres from the centre of Lund. Experience the beautiful spring bloom, fantastic summer foliage or listen to the chirping of birds as they play. Fun fact – Much of Astrid Lindgren's famous film about Ronja Rövardotter was filmed here.

## 4. FLYINGE KUNGSGÅRD

Love horses? Then come and visit the state horse stud, which is the world's oldest stud farm still in operation. Visit the stables and see the magnificent horses.

## 5. TROLLEY CYCLING

Trolley cycling through the meadows and forests of Skåne is a fun adventure for all ages and a great way to see some of the most beautiful parts of Skåne. You'll work up a sweat and an appetite at the same time. The tracks close to Lund meander through the beautiful scenery of the Romeleåsen valley; from Björnstorp to Veberöd.

## 6. ROMELESLINGAN

If your thing's beautiful scenery and lovely walks, then Romeleåsen is the place for you. From farm shops, cafés, B&Bs, and cider mills to craftsmen and artists, there's so many things to do. And a warm welcome while you do them.

## 7. SKRYLLE

Pack your running shoes and head off to Skrylle, one of Sweden's most popular recreation areas. It's the perfect spot for runners, family fun, nature walks, hikers and orienteers. And it's just a short bus or cycle ride away from Lund.

## 8. SKÅNELEDEN AND ROMELEÅSEN

If long-distance walking is more your thing, then walk all or part of Skåneleden (the Scania trail). From dark, dense primeval forests, megalithic monuments, to the gorgeous gold of the rapeseed fields, you'll witness stunning beauty from a whole host of fantastic locations. The Skåneleden Trail offers experiences for all senses.

## 9. UPPÅKRA ARCHAEOLOGICAL CENTER

Immediately south of Lund is Uppåkra. It's a Viking thing. This is the home of the largest known Iron Age settlement in Scandinavia, boasting over 20,000 discoveries. Come and look at some of the gold, silver and bronze finds which are now displayed in the Historical museum in Lund.

## 10. KULTURENS ÖSTARP

Visit this living museum that has been an agricultural centre since the 19th century. Check out the buildings, get up close and personal with the animals, and stroll through the green gardens. Open all-year round, it's a fantastic place in the summer.



1



ILLUSTRATION: Lonegard&CO

2



PHOTO: Stephen Borgelhammar

3



PHOTO: Karoline Saether

4



PHOTO: Ivinge Kungsgård

5



PHOTO: Kristoffer Lundblad

6



PHOTO: Lunde tungsten

7



PHOTO: Sofia Persson

8



PHOTO: Karoline Saether

9



PHOTO: Urnikka arkitekt og skulptur

10



PHOTO: Viveca Ohlsson, Kulturen



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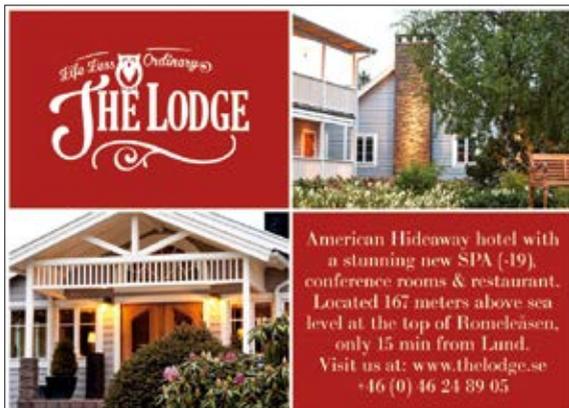
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**Butiker:**

**Genarp**

Risavägen 2

**Lund**

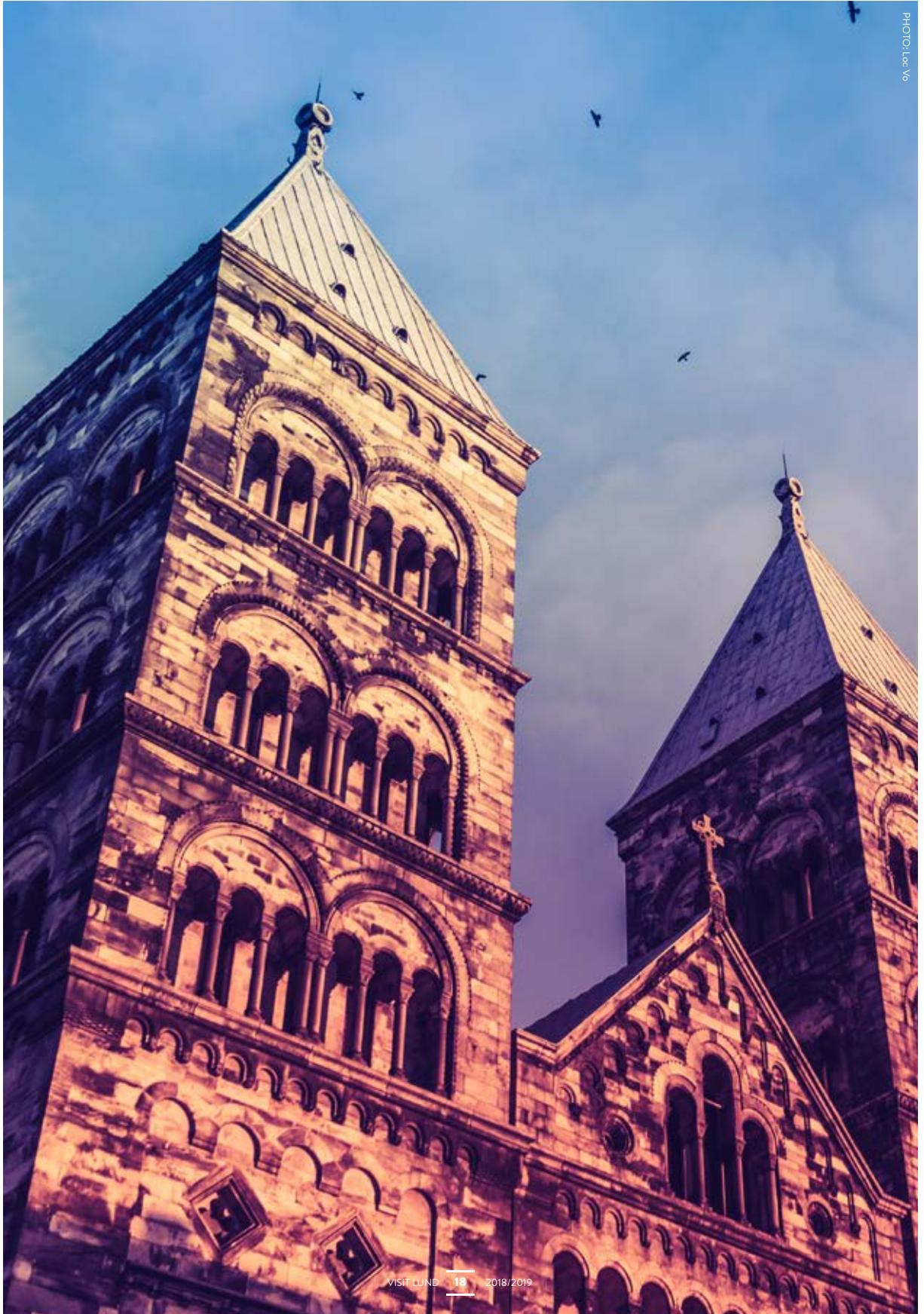
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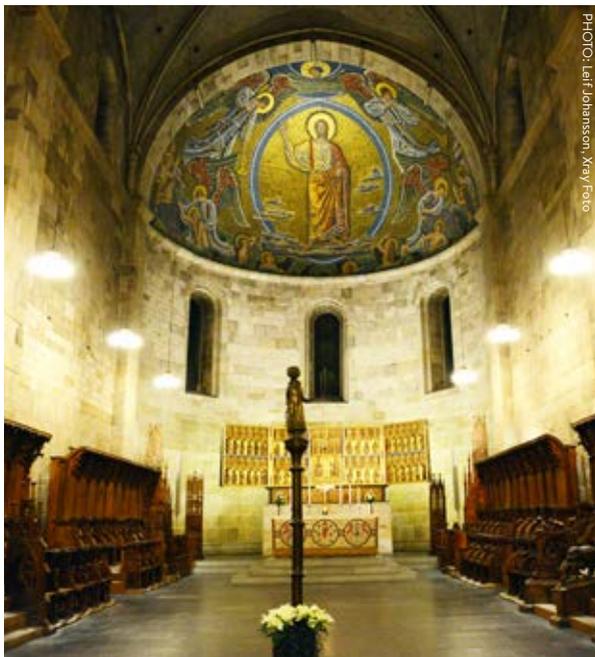
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**ERIKSHJÄLPEN**

**SECOND HAND**





# LUND CATHEDRAL

## One of Scandinavia's oldest churches

Join over 700,000 visitors and 85,000 worshippers each year and be wowed by the majestic towers and altar that date back to 1398 at Sweden's most visited church. Consecrated in 1145, this cathedral is one of the main tourist attractions in the Nordics. Marvel at its architectural splendour, or simply pop in for some quiet reflection, religious services and concerts.

### Lund's twin towers

The first thing you see when you come to Lund are the cathedral's two famous tall towers. Get close and the view is breath-taking. Step through the magnificent bronze door and step back in time in this distinctly dark, spiritual place mellowly glowing with the light from hundreds of candles. Check out the splendid stained glass windows and bronze angels from the 13th century, along with the pulpit, one of the best creations from Scandinavia's renaissance period.

### Creep into the crypt

Very few rooms in Sweden are older than this crypt. It's been the same since 1123, and shows influences from Normandy and southern England. Step inside and see the biggest tourist attraction, a pillar embraced by Finn the giant.

According to legend, Finn built the church, but became upset when he didn't get paid and wanted to destroy it. He was then tricked, shrunk and turned to stone. And he's still embracing the column today. Other stories suggest the stone figure represents Samson destroying the temple in Jerusalem. Which story do you like best?

### Come time-watching

Don't miss the great astronomical clock that dates from around 1425. It displays the signs of the Zodiac and the phases of the moon. It chimes twice a day and the three wise men and their servants pass and bow before the Virgin Mary and baby Jesus as it chimes.

And while you're here, have a look at the carved oak choir stalls from the mid 1300s and the 3.5-metre tall seven-branch candelabra from the late 15th century.



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16<sup>61</sup>

# Välkommen till Flyinge Kungsgård

Flyinge Kungsgård är med sina anor från 1600-talet ett stycke levande historia. Här samsas hästar, världsryttare och storkar på samma fantastiska anläggning. Vi har öppet för besökare 8.00-16.00 varje dag. Läs mer på [www.flyinge.se](http://www.flyinge.se)

# Scandic



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# Källby Lund



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- For more information visit Källbys information page at [www.lund.se](http://www.lund.se).



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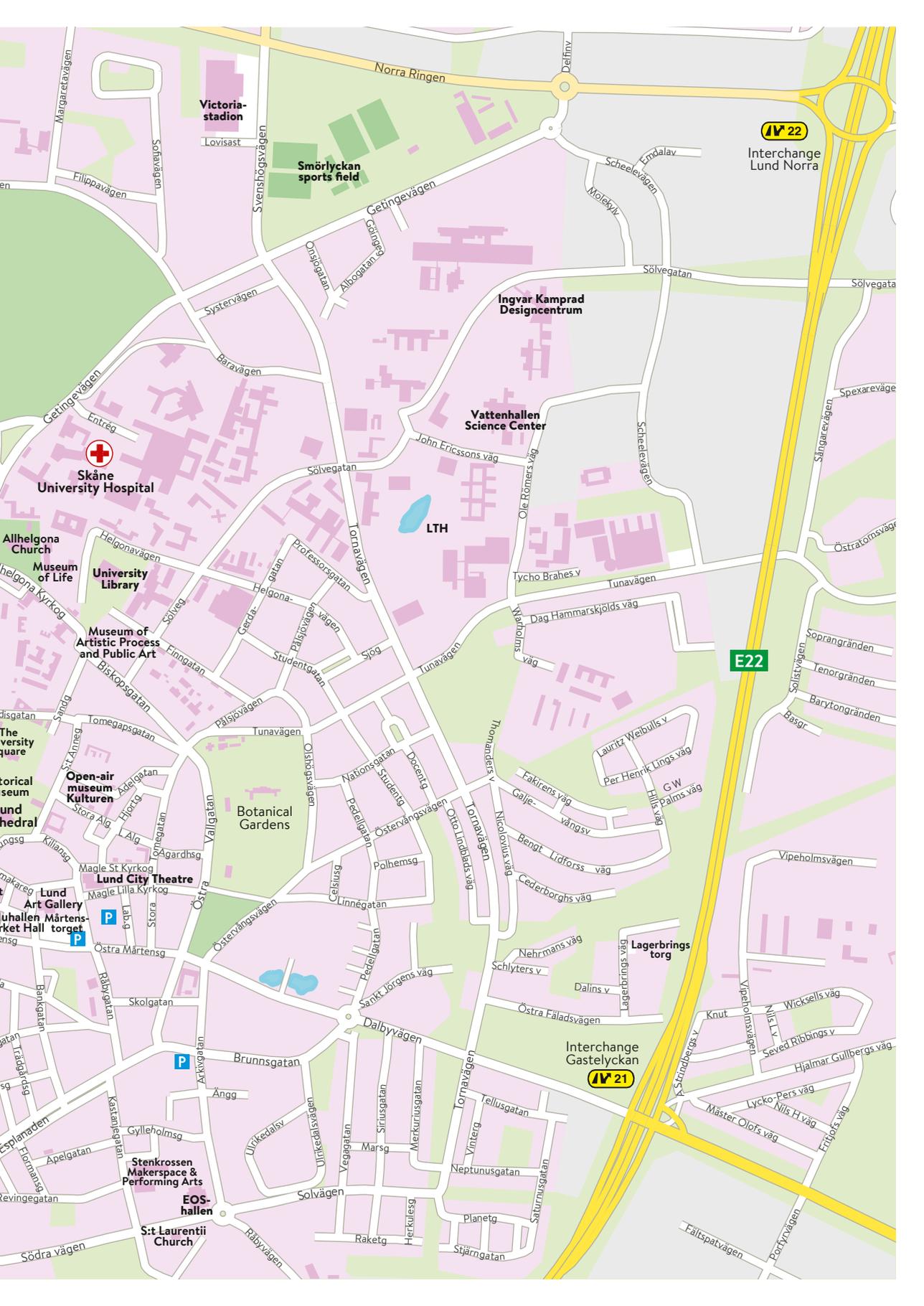
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Victoria-stadion

Lovisast

Smörlyckan sports field

IV 22

Interchange Lund Norra

Ingvar Kamprad Designcentrum

Vattenhallen Science Center

LTH

Skåne University Hospital

Allhelgona Church  
Museum of Life

University Library

Museum of Artistic Process and Public Art

Open-air museum  
Kulturen

Lund City Theatre

Botanical Gardens

Lagerbrings torg

Interchange Gastelyckan  
IV 21

Stenkrossen Makerspace & Performing Arts

EOS-hallen

St Laurentii Church

Norra Ringen

E22

Interchange Gastelyckan

Södra vägen

Råbyvägen

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Skolgatan

Arkivgatan

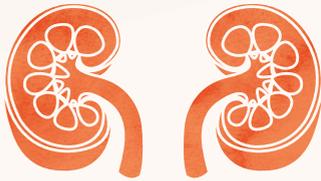
# GENIUS TOWN

There are some clever people in Lund, and they've invented some fantastic innovations that have changed all our lives for the better. Super-smart things that come from Lund include:



## TETRA PAK CARTONS

Patented by Ruben Rausing in 1951, Tetra Pak cartons are now chosen to transport and store billions of cartons of milk, beverages and food daily.

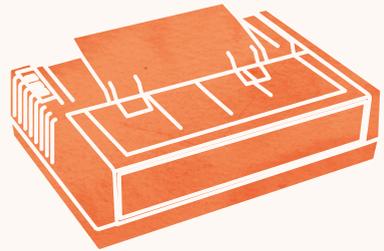


## ARTIFICIAL KIDNEYS

The world's first clinically usable artificial kidney was developed by professor Nils Alwall in 1964. Together with industrialist Holger Crafoord, they founded Gambro, a global med-tech company that sold artificial kidneys worldwide.

## THE INKJET PRINTER

Physics professor Hellmuth Hertz developed continuous inkjet technology and one of the first inkjet printers. The new technology made it possible to produce colour images of a quality equal to that of colour photographs.



## TURBUHALER FOR ASTHMA SUFFERERS

Kjell Wetterlin developed the Turbuhaler, an inhaler for the dosage and inhalation of asthma medicine. The product revolutionised asthma medication and currently helps tens of millions of people all over the world to control their illness.

## AIRBAG FOR CYCLISTS

The idea for an airbag for cyclists was formed by two Swedish industrial design students. They started the company Hövding (Chief) which has now sold more than 50,000 cyclist airbags worldwide.



## LASER CANCER TREATMENT

Professor Karl-Göran Tranberg discovered a new method for treating solid cancers in tissue such as the breast, liver and pancreas. Heating the tumour with laser beams kills it while the body's immune response learns to attack any remaining tumours.



## FACIAL RECOGNITION TECHNOLOGY

Jan Erik Solem developed a search engine with advanced image analysis and facial recognition. The search engine formed the basis of Polar Rose, which was sold to Apple in September 2010 for just over 20 million US dollars.



## THE WORLD'S MOST WATER-EFFICIENT SHOWER

Industrial designer Mehrdad Mahdjoubi's degree project resulted in a shower that reduces water consumption by 90 per cent. The shower, which was originally a solution for how to conserve water during a NASA space programme, became the start of the Orbital Systems company.



## BLUETOOTH

Initiated by Ericsson Mobile, Bluetooth is a wireless technology standard for exchanging data over short distances which opens a whole new world for the electronics sector. The technology was introduced onto the market in 1998 and was called Bluetooth after Viking chief Harald Blåtand (Harold Bluetooth). Millions of new Bluetooth products are shipped every day.



## ESS AND MAX IV

Two world-leading research facilities, ESS and MAX IV, are now being built in Lund.

ESS will be a multidisciplinary scientific research centre harnessing the world's most powerful neutron source. Researchers will be able to study the materials of everyday life, from plastics and proteins to medicines and molecules, to understand how they are built up and how they work.

MAX IV Laboratory provides scientists with the most

brilliant X-rays for research. These X-rays will be used to understand, explain and improve the world around us. They will enable the study of materials and allow scientists to develop new materials and products such as medications with better and more precise functions and fewer side-effects, nanoparticles for diverse areas of application, including paints, catalysis or computing, or lighter and stronger packaging materials for the future.



Future by Lund

# WE THINK DIFFERENT IN LUND

Lund is a special, open playground for innovative ideas. It's where groundbreaking concepts like Bluetooth, the artificial kidney, asthma medication, the Hövding bike helmet, and ultrasound were all invented. It is a city of young people and students, special humour and inclusive atmosphere – a fertile place for an innovation culture.

Lund is turning into a national and international arena for innovative, sustainable urban development and for tests and pilot projects. Two major research facilities linked to materials research are being built in Lund – MAX IV Laboratory and European Spallation Source (ESS).

One of Sweden's six innovation platforms is Future by Lund, which works for smart and sustainable solutions for people living in cities and surrounding villages.



Focus is on the challenges that are important for designing sustainable societies that actors in society can't solve themselves. People living and working in cities and villages play a crucial role. Future by Lund consists of Lund Municipality and partners from universities, organizations and business.

There are a lot of ongoing projects in the city to raise the quality of life for people while reducing environmental footprint. Everything from new energy systems to future textiles. The Smart Public Environment project tests how connected things and sensors can make local residents' lives easier. For example, sensors alerting people when the bin is full, drivers finding vacant parking places in their mobile phones, or alerting cyclists to unsafe traffic situations.

There are more innovations just waiting to be implemented. Elvåg Syd (E-road South) may use a charging strip to charge electric vehicles on the move, and we are looking at creating a centre to use space technology to create new solutions that use fewer natural resources.

We'll see what more innovations will be made possible through the platform in the future.

The work is financed by Vinnova, Lund municipality and participating partners.



PHOTO: Lef Johansson, X-ray Foto



**Welcome to Sandra!**

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Kurdish cuisine – a restaurant with an unique experience, cozy seating, amazing fondue and grilled dishes. The perfect place to share with your family, friends or by yourself!

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[www.sandralund.se](http://www.sandralund.se)



**SALUHALLEN**  
LUND



# Matkultur i hjärtat av Lund sedan 1909

Restauranger & butiker i Lunds Saluhall på Mårtensstorget, Lund  
[www.lundssaluhall.se](http://www.lundssaluhall.se)



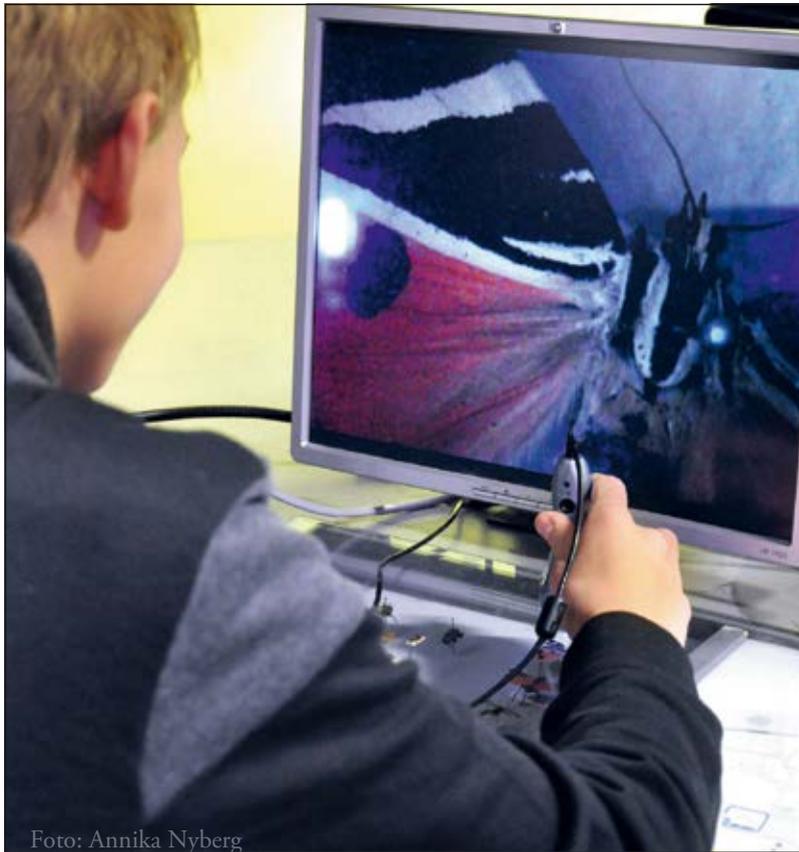


Foto: Annika Nyberg



**VATTENHALLEN**  
SCIENCE CENTER

### **Nyfiken på vetenskap**

Vattenhallen är en rolig och lärorik mötesplats med experiment för alla åldrar. *Curious about Science* Vattenhallen mix science with fun and learning for all ages.

Lördag-söndag 12-17 & Skollov  
*Saturday - Sunday & School holidays*  
Tisdag-fredag - bokas  
*Tuesday - Friday - bookings*  
Sommarlov - tisdag-lördag 10-16  
*Summer holiday - Tuesday-Saturday*

John Ericssons väg 1, Lund  
[www.vattenhallen.lu.se](http://www.vattenhallen.lu.se)

## **If church walls could speak ...**

### **THE CATHEDRAL OF LUND**

Lund Cathedral was consecrated in 1145, and contains many well-known artefacts and features of considerable historical interest.

Ecumenical worship services in English are held every Sunday at 5 p.m. in or near Lund Cathedral.

Guided tours in English every day at 2 pm during summer. For details please visit [lundsdomkyrka.se](http://lundsdomkyrka.se).

### **ALL SAINTS CHURCH**

The church was inaugurated on All Saints' Day 1891. The architect Helgo Zettervall looked back to the style of medieval European churches as his model. Lund's All Saints Church is one of Sweden's foremost cathedral-like neo-gothic churches.

The church is open for visits mon-fri 8 am to 6 pm and sat-sun 10 am to 6 pm.

### **ST. PETER'S PRIORY CHURCH**

The medieval bells still sound as they did in the 1200s when the nuns of the Benedictine convent summoned for their daily prayers. A candle is always lit in the church for the pilgrim who wants to rest for a while.

The church is open daily for visits between 9 am and 4 pm and during prayer sessions.



**Svenska kyrkan**   
LUND

# FEST OCH MÖTE I HJÄRTAT AV LUND



**AF BORGEN**   
[www.afborgen.se](http://www.afborgen.se)

# WELCOME OUTDOORS!



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the 10 best places to

## EXPERIENCE NATURE IN AND AROUND LUND

at the Tourist Information Centre,  
at the Naturum Skrylle Visitor Centre  
or digitally from [lund.se](http://lund.se)



# **Baxter**

## **Saving and Sustaining Lives Worldwide**

Baxter International Inc. through its subsidiaries, develops, manufactures and markets products that save and sustain the lives of people with hemophilia, immune disorders, infectious diseases, kidney disease, trauma, and other chronic and acute medical conditions.

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Dialysis Machines, Dry Concentrates and Water Systems.

[www.baxter.com](http://www.baxter.com)





Where to eat...

## TASTE YOUR WAY AROUND LUND

Lund is in the middle of the province of Skåne, where you're never far away from a great dining experience. With fantastic local produce, international restaurants and top chefs, it's no surprise that The New York Times has named the area as a top place to eat. From apples to asparagus, falafel to "fika" (the Swedish tradition of stopping for coffee and cakes) you're surrounded by a huge choice of flavours, atmospheres, and great-tasting food.



PHOTO: Christian Dirksen



PHOTO: Leif Johansson, Karri Foto



PHOTO: Christian Dirksen, Karri Foto

## SALUHALLEN

What's your special food treat? Chances are you'll find it in Saluhallen. This is the place to discover the city's best specialty shops for food, drinks and delicacies – and restaurants with exciting, exotic cuisine. And it's not just food and drink that's on offer. This century-old covered food market, with its high ceilings and scents from near and far offers guided tours, author nights and, if you are in the mood to spoil yourself, chilled oysters.



PHOTO: Love Coffee



PHOTO: hobbyn9



PHOTO: hobbyn9

## LOVE COFFEE - Klostergatan 1

Love coffee is next door to the cathedral. It's where you'll find staff with a passion for coffee, nerdy sippers – and of course coffee. Daniel, the owner, started to roast coffee beans more than 17 years ago and today he ships his "coffee with love from Lund" to other parts of Sweden and the world.

## CHOCOLATERIE HOVBY NO 9 - Stora Gråbrödersgatan 3

Sweden's first Chocolaterier – Hovby No 9, is hidden away in one of Lund's cosy back yards. Just a few steps down, Mimmi turns cacao into sumptuous pralines and chocolate cookies. The chocolate comes from all corners of the earth and of course both it and the flavouring are made from pure, natural ingredients. Treat yourself to something delicious from the shop, or drop by the kitchen and enjoy a chocolate tasting.



PHOTO: Miriam Preis

## KLOSTERGATAN – food street

In the mood for cool street-food joints, super-juicy hamburgers served in secluded courtyards, first-class food and the best shrimp sandwich in Sweden? You'll find them all down Lund's food boulevard in Klostergatan.



PHOTO: Martin Spenners

...Where to meet

## FROM STREET LIFE TO STUDENT LIFE

Fancy a good night out? You're in the right place. From bars to discos, cool cafes to restaurants for every taste, there's lots of places to go out. Take in a jazz bar, try the local specialty beers, or sip on a cocktail while you people-watch.

## LUND COMEDY FESTIVAL – the place for giggles

Lund Comedy Festival is the largest festival dedicated to humour in the Nordics with more than a hundred artists taking part every year. Swedish favourites, international stars, and the best up-and-coming comedy artists all come to do regular shows and test new material. Join a fantastic crowd of comedy lovers and get your sides tickled during the festival which usually takes place at the end of August.



PHOTO: Ebban Wester



PHOTO: Miriam Peis

## STUDENT “NATION” BARS – drink, dance, disco

The 'nations' are welcoming social clubs that make up the heart of students' extracurricular life in Lund. They offer a wide range of activities and services, including lunches, brunches, pubs, sports, night clubs, formal balls and traditional festivities. Come in, get to know new friends and enjoy a great social scene. Nation bars are only open to students or people who are members.



PHOTO: Karoline Saether



PHOTO: Magnus Carlsson, Imagedank Sweden



PHOTO: Kelle Johnson, iStock.com

## LIKE COFFEE? – LOVE FIKA

Fika is a national sport in Sweden, and the people of Lund are experts. Fika is the art of whiling away your time over a great cup of coffee and some superb tasting cakes, scones or sandwiches. Plonk yourself down in one of the cafés, order that cortado, flat white or deluxe cappuccino, get to know the students and join in with the local buzz.



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www.matrummetlund.se



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Mån - fre 11-18  
Lör 11-15  
St. Gröbrödersg. 12, Lund  
0727-199040  
www.tant-hulda.se

*Tant Hulda*

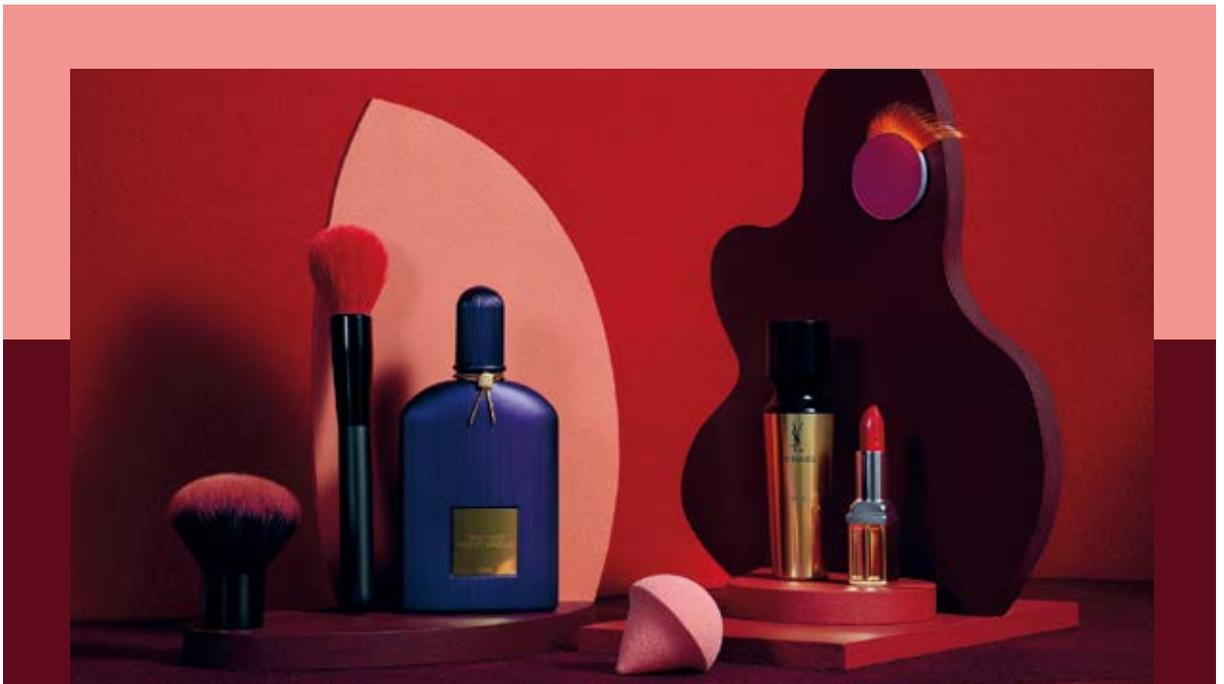


**Italia**  
IL RISTORANTE

**ITALIA IL RISTORANTE**  
Italiensk restaurang på en mysig innergård. På Italia Il Ristorante och La Pizzeria serveras god mat som varje dag förbreds av dom bästa italienska råvarorna. Traditionella italienska rätter som kött, fisk, pasta och pizza.

Italian restaurant in a cozy courtyard in central Lund. In Italia il ristorante and la Pizzeria, good food is served every day with the best italian ingredients. Traditional Italian dishes like meat, fish, pasta and pizza.

Lilla Fiskaregatan 11, 226 48 Lund +46 (0)46-14 80 80  
[www.italia-ilristorante.com](http://www.italia-ilristorante.com)



Skönhet, mode, barn och inredning, välkommen till Åhléns på Stortorget 4 i Lund.

**ÅHLÉNS**



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# SHOP WITHOUT THE DROP

The great thing about Lund is that you can shop what you want, without the endless walk. There's everything here from big chains to small, cosy boutiques – all just a short walk away. So come in bring your card, and enjoy what's on offer.





PHOTO: Christoffer Franke



PHOTO: Leif Johansson, X-rayfoto



PHOTO: Leksåsk



PHOTO: Leif Johansson, X-rayfoto



PHOTO: Karoline Sjöberg



PHOTO: Leif Johansson, X-rayfoto

## Sustainable shopping

If you're looking for that unusual article of clothing that complements your style, or makes you stand out, then visit one of the several second hand and vintage shops. They're dotted around the centre and offer some great bargains – as well as giving you a good feeling that you're helping the world's precious resources.

## Everything from high fashion to low prices

If you're the snappy dressing type, try on some of the great clothes at one of the boutiques. More mainstream? The chains like H&M are right in the centre of town. Or take a walk down the flea market on Saturday mornings at Södra Esplanaden and pick up a real bargain.

## Nova Lund shopping arcade

The perfect destination for serious and accessible shopping. There are over 70 stores filled with the latest trends, classic, sophisticated clothes, shoes and accessories. There's also interior design, technology, books, games and everything else you may need. And of course there's a great food court so you can take a break from shopping and enjoy a great meal at a good price.

## Fairtrade city

Lund has been a Fairtrade City since 2007. Different shops sell Fairtrade items including jewellery and clothing, flowers, coffee and chocolates.

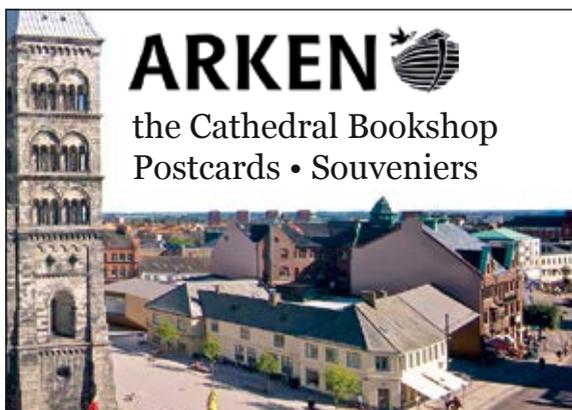


# Broder Jakobs

KLOSTERGATAN 9

Öppettider måndag-fredag 07-19 | lördag 07-17 | söndag 09-17

Klostergatan 9, 222 22 Lund | [www.broderjakobs.se](http://www.broderjakobs.se)



## ARKEN

the Cathedral Bookshop  
Postcards • Souvenirs



## LEXIS Papper

Lexis Papper offers a wide variety of hand picked stationery from all over the world. We're open weekdays 10-18 and Saturdays 10-15 at St. Gråbrödersgatan 13, Lund. [www.lexis.se](http://www.lexis.se)

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Korvhuset har världens största sortiment av korv som du kan äta på plats eller köpa med dig hem till din egen grillning.

*Korvhuset has the worlds's best selection of sausages. Enjoy them in situ or bring them home for a barbecue.*



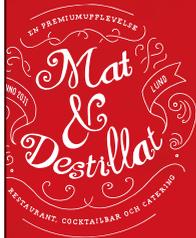
RESTAURANT



COCKTAILS



CATERING



### RESTAURANT COCKTAILS CATERING

Welcome to Mat & Destillat, a restaurant & cocktailbar on historic grounds in the very heart of Lund. Come on in and enjoy our Scandinavian kitchen and international cocktails. All made with love.

Mat & Destillat • Kyrkogatan 17 • 222 22 Lund  
046 - 12 80 00 • [matochdestillat.se](http://matochdestillat.se)



## Welcome to restaurant På Skissernas

*Here you will find an ambitious, yet down to earth, Nordic kitchen where fabulous ingredients add to the creation of great taste sensations. And in the heart of it all; the farmer just down the road, flavors from all over our extended country and our passion for real craftsmanship.*

RESTAURANG PÅ SKISSERNAS • FINNGATAN 2 • 223 62 LUND  
[PASKISSERNAS.SE](http://PASKISSERNAS.SE) • 046-222 68 68



Food always tastes better outside, close to nature. It's even better when all of the products are from local farmers and producers.

This is the purpose of Skånska Smakvandringar - bringing locally sourced products together with amazing views and outside ambiance.

Together with our knowledgeable guide you'll experience nature at its finest all while learning about the culture and history of the area.

Along the way you'll be enjoying a delicious selection from the local kitchen; freshly baked breads, charcuteries, herring, cheeses, jams, chutneys, local tapas and much more. Refreshing beverages from the area will give your walk an extra boost.

Read about our food walks at [www.smakvandring.se](http://www.smakvandring.se)



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## THE KITCHENS OPENING HOURS

### LUNCH

Monday - Saturday 11.30-15.00  
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**À LA CARTE &  
WOOD OVEN BAKED PIZZAS**  
Monday - Sunday 17.00 - 22.00

*(The restaurant itself closes  
a bit later than this)*



*Since May 16, 2014 V E D has been delivering mouthwatering wood oven baked pizzas to the wonderful people of Lund. Our vision was to create a place where people could come together and enjoy good food and wine in a busy and relaxed atmosphere. A place suited for both students, businesspeople, families and tourists. We are happy so say that we feel we've achieved just that!*

*Our à la carte menu consists of medium-sized portions, wood oven baked pizzas and a wide range of ECO-friendly beverages and cocktails to make Your dinner complete.*

*V E Ds outdoor seating is open April - October and seats about a hundred guests. Prefer to sit inside? Then welcome to our cozy livingroom. Please make sure to book a table and we will do our best to give You a memorable evening!*

*Most welcome to V E D!*



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[info@restaurangved.se](mailto:info@restaurangved.se)



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What's on

# EVENT CALENDAR

There's lots going on in Lund. Every month dishes up a host of festivals, fairs, sporting events and comedy. Check out what's happening below and plan ahead for your visit.

<b>LitteraLund</b>	<a href="http://www.litteralund.se/en">www.litteralund.se/en</a>	April 7 - 12
<b>Hållbarhetsveckan</b>	<a href="http://www.hallbarhet.lu.se">www.hallbarhet.lu.se</a>	April 8 - 13
<b>Walpurgis night</b>	<a href="http://www.lund.se/valborg">www.lund.se/valborg</a>	April 30
<b>Traditional 1 of May Celebrations, The University Square</b>		May 1
<b>Lundaloppet</b>	<a href="http://www.lundaloppet.se">www.lundaloppet.se</a>	May 4
<b>Lundapride</b>	<a href="http://www.stolttilund.se/lundapride">www.stolttilund.se/lundapride</a>	May 24 -26
<b>Asparagus festival</b>		May 25
<b>Kodachicon</b>	<a href="http://www.kodachi.se">www.kodachi.se</a>	May 30 – June 2
<b>Sweden's National Day</b>		June 6
<b>SommarLund</b>	<a href="http://www.sommarlund.se">www.sommarlund.se</a>	June – Aug
<b>Mossagårdsfestivalen</b>	<a href="http://www.mossagardsfestivalen.se">www.mossagardsfestivalen.se</a>	June 14-16
<b>Midsummer Celebrations</b>	<a href="http://www.kulturen.com">www.kulturen.com</a> • <a href="http://www.skrylle.se">www.skrylle.se</a>	June 21
<b>Visfestivalen</b>	<a href="http://www.visfestivalenilund.se">www.visfestivalenilund.se</a>	July 24-25
<b>Lund Comedy festival</b>	<a href="http://www.lundcomedyfestival.com">www.lundcomedyfestival.com</a>	Aug 29-31
<b>Kulturnatten</b>	<a href="http://www.kulturnatten.nu">www.kulturnatten.nu</a>	Sep 21
<b>Harvest festival, City Park</b>	<a href="http://www.lund.se/skordefest">www.lund.se/skordefest</a>	Sep 28- 29
<b>Magic Weekend</b>	<a href="http://www.magicweekend.se">www.magicweekend.se</a>	Oct 4-6
<b>Lund International Architecture Film Festival</b>	<a href="http://www.archfilmlund.se">www.archfilmlund.se</a>	Oct 10-13
<b>Kördagar (Lund Choral festival)</b>	<a href="http://www.lundchoralfestival.org">www.lundchoralfestival.org</a>	Oct 14-20
<b>Konstkväll</b>	<a href="http://www.krognoshuset.se">www.krognoshuset.se</a>	Oct 19
<b>Grand Soul &amp; Jazz</b>	<a href="http://www.grandilund.se">www.grandilund.se</a>	Nov 2
<b>Kulturens julstök</b>	<a href="http://www.kulturen.com">www.kulturen.com</a>	Nov 30 - Dec 1
<b>VinterLund</b>	<a href="http://www.vinterlund.se">www.vinterlund.se</a>	Nov 2019 - Feb 2020
<b>Lundaspelen, handball</b>	<a href="http://www.lundaspelen.com">www.lundaspelen.com</a>	Dec 26-30
<b>Lundaspelen, basketball</b>	<a href="http://lspbasket.cups.nu">lspbasket.cups.nu</a>	Jan 2-5

## USEFUL INFORMATION

### ▶ TRAINS & BUSES

For timetables and information about trains and buses: Skånetrafiken, Centralstation. Tel: 0771-77 77 77 [www.skandetrafiken.se](http://www.skandetrafiken.se)

### ▶ AIRPORTS

Malmö Airport  
Tel: 010-10 945 00  
[www.swedavia.se/malmo](http://www.swedavia.se/malmo)  
Copenhagen Airport  
Tel: +45 32 31 32 31  
[www.cph.dk](http://www.cph.dk)

### ▶ AIRPORT COACHES

Malmö Airport  
Tel: 0771-51 52 52  
<https://www.flygbussarna.se/en>

### ▶ TAXI CENTRAL STATION

Taxi Skåne  
Tel: 046-33 03 30  
Taxi Lund  
Tel: 046-12 12 12  
DT Taxi  
Tel: 046-20 22 80

### ▶ BICYCLE HIRE

Fridhems cykel  
Bredgatan 32  
046 -13 01 02  
[fridhemscykel.se](http://fridhemscykel.se)  
DigiBikes  
Download the DigiBike app and find the yellow bikes around town.  
[digiBike.se/en](http://digiBike.se/en)

### ▶ CAR RENTAL

Avis Biluthyrning  
Byggmästargatan 11  
Tel: 046- 14 50 30  
[www.avis.se](http://www.avis.se)  
Folkes Biluthyrning  
Åldermansgatan 11  
Tel: 046- 35 41 40  
[www.folkesbiluthyrning.se](http://www.folkesbiluthyrning.se)  
Hertz  
Västra Stationstorget 1  
Tel: 046-30 60 12  
[www.hertz.se](http://www.hertz.se)

### ▶ POLICE STATION

Byggmästaregatan 1  
Tel: 077-114 14 00

### ▶ HOSPITAL

Skånes Universitetssjukhus  
Entrégatan 7  
Tel: 046-17 10 00

### ▶ DENTAL CARE

Vävaregatan 23  
Tel: 046-275 91 80

### ▶ EMERGENCY 112

# Welcome to Högevall –Always 28 °



**Swim all year round  
in Lunds kommun**



**Café  
Corall**



**Adventure  
pool**



**De-stressed  
Events**



**Members  
benefits**

# DON'T MISS LUND

Looking for oldie-worldly charm combined with the latest in design and innovation? You'll find it in Lund, in the south of Sweden.

This beautiful university town is a vibrant city of contrasts where you'll meet some of the world's smartest and innovative people enjoying life among age-old cobblestone streets and half-timbered houses.

Visit the museums, stroll through the market squares, or relax and eat al-fresco in the superb cafés and restaurants. Lund is a cosy city where everything is just a short walk away.

Want a life a little more active? Walk the delightful hiking trails, call in at a castle, roam around ancient Viking settlements and lots more.

Lund. A thousand years of history, all within walking distance.

## Lund Tourist Center - City of Lund

Bangatan 1, 222 21 Lund

[visit@lund.se](mailto:visit@lund.se)

+46 (0)46 35 9 50 40

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